

ESCOLA SUPERIOR DE SAÚDE DE LISBOA

1º Semestre

Dietética e Nutrição - 1º Ano

Turma: DTN1

Ano Letivo: 2025-2026 1S

	Segunda	Terça	Quarta	Quinta	Sexta	Sábado
08:00 - 08:30					Soc Alim (T) S1.1	
08:30 - 09:00						
09:00 - 09:30		AF I - 1 (T/P) S1.9			Soc Alim - 1 (T/P) S2.5	
09:30 - 10:00					QO - 1 (P) L2.76	
10:00 - 10:30					QO - 2 (P) L2.76 Soc Alim - 1 (T/P) S2.5	
10:30 - 11:00						
11:00 - 11:30	PS (T) S1.1	AF I (T) S2.1			Soc Alim - 2 (T/P) S2.5	
11:30 - 12:00					QO - 3 (P) L2.76	
12:00 - 12:30					QO - 4 (P) L2.76 Soc Alim - 2 (T/P) S2.5	
12:30 - 13:00						
13:00 - 13:30		AF I - 2 (T/P) S1.9				
13:30 - 14:00	QO (T) S2.8					
14:00 - 14:30						
14:30 - 15:00				QO (T) S1.2		
15:00 - 15:30	PS - 2 (T/P) S2.3	BC (T) S1.2				
15:30 - 16:00			BC (T) S1.7			
16:00 - 16:30				PS - 3 (T/P) S2.1 NH - 1 (T/P) S2.6Inf		
16:30 - 17:00		NH (T) S1.2				
17:00 - 17:30	PS - 1 (T/P) S1.9			NH - 2 (T/P) S2.6Inf PS - 3 (T/P) S2.1		
17:30 - 18:00			SI DTN (S) S1.7	NH - 2 (T/P) S2.6Inf		
18:00 - 18:30						
18:30 - 19:00						
19:00 - 19:30				NH - 3 (T/P) S2.6Inf		
19:30 - 20:00						
20:00 - 20:30						
20:30 - 21:00						
21:00 - 21:30						
21:30 - 22:00						