

ESCOLA SUPERIOR DE SAÚDE DE LISBOA

1º Semestre

Dietética e Nutrição - 1º Ano

Turma: DTN1

Ano Letivo: 2025-2026 1S

	Segunda	Terça	Quarta	Quinta	Sexta	Sábado
08:00 - 08:30						
08:30 - 09:00						
09:00 - 09:30		AF I - 1 (T/P) S1.9			QO - 1 (P) L2.76	
09:30 - 10:00						
10:00 - 10:30		AF I (T) S2.1		Soc Alim (T) S2.1	QO - 2 (P) L2.76	
10:30 - 11:00	PS (T) S1.1					
11:00 - 11:30				Soc Alim - 1 (T/P) S2.3	QO - 3 (P) L2.76	
11:30 - 12:00						
12:00 - 12:30						QO - 4 (P) L2.76
12:30 - 13:00						
13:00 - 13:30	QO (T) S2.8	AF I - 2 (T/P) S1.9				
13:30 - 14:00						
14:00 - 14:30						
14:30 - 15:00	PS - 2 (T/P) S2.3	BC (T) S1.2		QO (T) S1.2		
15:00 - 15:30						
15:30 - 16:00			BC (T) S1.7	PS - 3 (T/P) S2.1 NH - 1 (T/P) S2.6Inf		
16:00 - 16:30						
16:30 - 17:00	PS - 1 (T/P) S1.9	NH (T) S1.2	SI DTN (S) S1.7	NH - 2 (T/P) S2.6Inf PS - 3 (T/P) S2.1		
17:00 - 17:30						
17:30 - 18:00				NH - 2 (T/P) S2.6Inf		
18:00 - 18:30						
18:30 - 19:00					NH - 3 (T/P) S2.6Inf	
19:00 - 19:30						
19:30 - 20:00						
20:00 - 20:30						
20:30 - 21:00						
21:00 - 21:30						
21:30 - 22:00						